

## The Lamentation (Poem)

By: Brad Saunders 12-22-2023

When my heart is overwhelmed  
and is filled with so much grief  
I need Your Spirit to lift me up  
That I not waiver, nor lose belief

But it's just so hard for me Oh Yah  
When weighed down in great sor-row  
When my hopes fade like a vapor  
Not seeing light or joy tomor-row.

I will trust and receive your comfort  
Though my eyes they cannot see hope  
May my soul rejoice and praise You still.  
And in my weakness, find strength to cope.

In these disasters bring me peace.  
Prepare my heart, as I brace for the worst.  
Not to live forever in mourning  
But be a beacon in such a dark curse.

When I've gone numb from my sadness  
Don't even know, what to say or to do.  
Exhausted from all of my efforts  
Knowing I only draw my strength from You.

It is You Yah, that gives me hope  
You do more, exceed all measure  
Do more than I ask or imagine,  
By Your power a great hidden treasure.

Those I love are trapped in a city,  
that's on fire, awoken to flee  
You delivered me from many such dangers  
Deliver them also I plea.